### Military Carers Matter NHS England Thursday 1<sup>st</sup> December 2016















#### **AIMS FOR THIS SESSION**

What you will learn:

- A Road Map to getting a military carers service started
- Facts and figures about military carers
- Military Civilian Partnership Boards
- Funding Opportunities
- Resources
- Army Families Federation
- Working on base medical centres

MAR - MAR SHARE

Surrey Carers Prescription

#### **DEFINITIONS OF A MILITARY** & VETERAN CARER .....

Additionally – "A Military Carer may be caring for a member of their military family – child/sibling or parent." "A Military Carer is someone who helps look after a friend or relative who is or has served in the Armed Forces and has a condition, such as a disability, illness, mental health condition, or a drug or alcohol problem."

## **Road Map to Success**

#### Health & Social Care Needs Assessment for your area

- Civilian Military Partnership Board Which underpins the delivery of the armed forces covenant.
- Identify a host provider & make sure no one else is providing the service
- Military and Veteran Organisations i.e. NFF, AFF,RAF FF, SSAFA, Royal British Legion, Veteran UK COBSEO Local military charities
- Sourcing and applying for funding Which may include Armed Forces funders but also local charities
- Develop specific military carers service to meet local need – codesign!



## **MILITARY PROFILE**

- 2.56 million people are veterans (Excludes homeless, prison community) and 1 million people are dependents - Source Royal British Legion 2014
- In Surrey 6,200 Service Personnel, 680 families with 1,265 children
- 250 Reservists
- 55,000 Veteran Population MOD Annual Population Survey 2015
- The majority of the serving Armed Forces' primary health needs are met by the Ministry of Defence. Although it is recognised that greater responsibility for secondary care will be a responsibility of the CCGs



## VETERAN (EX-SERVICE) CARERS

- Service community is more likely to have some caring responsibility
- 23% of those aged 16-64 have a caring responsibility, compared with 12% nationally
- 1:4 of the ex-Service community has some unpaid responsibility as a carer for a family member, friend or neighbour, which is equivalent to around 990,000.
- 1:10 of all carers in the ex-Service community agree that they struggle to cope with their caring responsibilities; equivalent to around 110,000 people
- estimate that there is a potential population of 25,360 military carers in Surrey

Reference: Royal British Legion Household Survey 2014



## Service Children

The Hidden Carers:

A Service Child carer is someone between the ages of 5-18 years of age, who helps look after a relative who has a condition, such as a disability, illness, mental health condition, or a drug or alcohol problem, who is serving or has served in the Armed Forces.

UK has 170,000 Military Children (Royal Navy Family Federation) Surrey1,265 Service Premium Pupil

No data is held on how many of these children are caring for veterans or for other family members within the family home however we can estimate using the ratio provided by the British Legion that we have 1,375 MYC in Surrey

"I wish army people did not have to move" "I wish soldiers would get home safe!" "I wish I did not have to move schools" "I wish I could stay in one place"



A family's story behind PTSD

# Surrey Civilian Military **Partnership Board**

- Role To support the aims of the Armed Forces Covenant. The 'Surrey Civilian Military Partnership Board' (SCMPB) fosters closer working relationships with the armed forces
- Community Integration task group - The role of the task group is to support and advocate on behalf of the Armed Forces community (serving personnel, their families, veterans and cadets) in establishing strong links with the county's agencies and partners
- Value of working partnership approach



#### **FUNDING OPPORTUNITIES**

- Armed Forces Covenant Fund
- Military Charities which may include Royal British Legion, SSAFA, Forces in Mind Trust, Help for Heroes
- Grant Finder available via local voluntary action service
- Important to note applications must reflect funding organisations criteria



## **DEVELOP LOCAL RESOURCES**

- Job description and specification
- Budget
- Work plan
- Marketing plan & materials
- References may be required
- Service Delivery Pathway
- Signposting
- Go for it!



## MILITARY & CIVILIAN NETWORK PARTNERS

- Understanding culture
- Identifying pro-active military communities
- Collaborative communication
- Fundamentals of success in cross military & civilian partners is building trust

# aff army families federation

- AFF communicates, questions and influences policy at all levels to improve the lives of the serving and resettling British Armed Forces community across the world
- We offer support, information and guidance to individuals and Army communities on issues that impact the quality of their lives
- AFF represents the concerns of Armed Forces families and provides evidence to a range of individuals and bodies such as: Government ministers, MOD, DfE, DH, DWP and Devolved Administration, NHS England, Local Authorities and the Covenant Reference Group
- AFF often consults and works in partnership with various agencies and organisations to ensure that the concerns and experiences of Army families are heard and considered

### MILITARY & VETERAN GP CARERS REGISTRATION

WHY READ CODE?

Positive Practice in - line with Civil and MOD collaborative service provisions enables the early identification and intervention to promote positive outcomes for military carers.

Carer Read code 918g Adults Read code 918H Young Carers

GP Read code 'History relating to military service' Xa8Da

Enables population screening to support CCG/LA commissioning of specific needs led service provision



## **Surrey Carers Prescription**

- Provides quick access to services to support Carers
- Provides a secure mechanism to refer Carers
- Acts as a sign posting tool for health care staff
- Provides a simple process for health practitioners to better support Carers

All at a click on a button: www.surreynhscarersprescript ion.org.uk



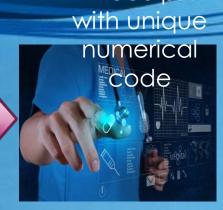
# The Tech

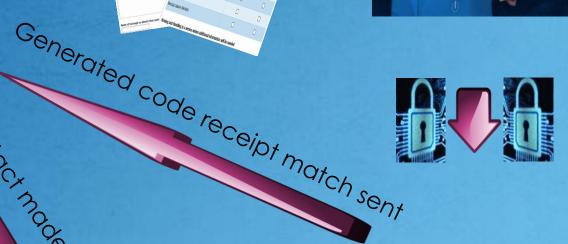
Live

Hosted on a dedicated website Generated Embedded into organisation website Receipt

Surrey GP Carers Prescription

Contact made











## **SURREY MILITARY CARERS**

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What barriers can you identify between military and civilian partnership Working and how will you overcome them?

